

# SAA | Online & Phone Meetings

All Meetings are @Mixed/Closed unless stated otherwise

## MONDAY

MONDAY EVENING | 7pm - 8.30pm | (Chilliwack Meeting)

☎ Call 236 889 5331 or email [saa.chilliwack@gmail.com](mailto:saa.chilliwack@gmail.com) for more information | **Open/Men only**

GENESIS GROUP | 7.30pm - 9pm

[zoom.us/join](https://zoom.us/join) | Meeting ID: **568-173-967** | PW: summer

## TUESDAY

SHAME TO GRACE | 5.30pm - 6.30pm | (Qmunity Meeting)

[zoom.us/join](https://zoom.us/join) | Meeting ID: **819-822-269** | PW: grace

**Open Meeting**

ABBOTSFORD GROUP | 6.30pm - 8pm |

☎ Call 236 889 5331 or email [saa.abbotsford@gmail.com](mailto:saa.abbotsford@gmail.com) for more information | **Open/men only**

PORT MOODY EVENING | 7pm - 8.30pm |

[zoom.us/join](https://zoom.us/join) | Meeting ID: **81113298486** | PW: 953364

## WEDNESDAY

BOWEN ISLAND | 1pm - 2pm

☎ Call 604 340 8056 for more info

ROYAL CITY | 7.30pm - 8.30pm (New West Meeting)

[zoom.us/join](https://zoom.us/join) | Meeting ID: **664-636-773** | NO PASSWORD

SENERITY ON THE HILL | 7.30pm - 9pm (White Rock Meeting)

☎ Call conference #778-656-0777 | passcode: 5803314

## THURSDAY

SENERITY AT NOON | 12pm - 1pm | (Roundhouse Meeting)

[zoom.us/join](https://zoom.us/join) | Meeting ID: **864-085-097** | PW: connection

OUTER CIRCLE | 5pm - 6pm

[zoom.us/join](https://zoom.us/join) | Meeting ID: **669-392-515** | PW: circle844

## SATURDAY

AWAKENING | 10.30am - 12pm | (St Pauls West End Meeting)

[zoom.us/join](https://zoom.us/join) | Meeting ID: **364-732-5008** | PW: c0nnection

LGBTQ2S + SAA | 4pm - 5pm | (Pride in Recovery Meeting)

[zoom.us/join](https://zoom.us/join) | Meeting ID: **975-438-5452** | PW: unity

## SUNDAY

OUT OF THE SHADOWS | 7.30pm - 8.30pm

(Recovery Club Meeting)

[zoom.us/join](https://zoom.us/join) | Meeting ID: **319-254-120** | PW: Sophia

Chairperson text for most online meetings can be found at:

<https://www.saavancouver.org/find-a-meeting/#online-meetings>

## ARE YOU A SEX ADDICT?

*"Before coming to Sex Addicts Anonymous, many of us never knew that our problem had a name. All we knew was that we couldn't control our sexual behaviour. For us, sex was a consuming way of life. Although the details of our stories were different, our problem was the same. We were addicted to sexual behaviours that we returned to over and over, despite the consequences."*

- SEX ADDICTS ANONYMOUS, P. 3

Although sex addicts may act out sexually in many different ways, there are common elements that seem to characterize our addiction:

- Powerlessness over addictive sexual behaviour.
- Resulting unmanageability of his/her life.
- Feelings of shame, pain, and self-loathing.
- Failed promises and attempts to stop acting out.
- Preoccupation with sex leading to ritual.
- Progressive worsening of negative consequences.

"Attending SAA meetings starts us on a new way of life. But while the SAA fellowship supports our recovery, the actual work of recovery is described in the Twelve Steps. Meetings are forums for learning how to integrate the steps into our lives. Working the Twelve Steps leads to a spiritual transformation that results in sustainable relief from our addiction."

- SEX ADDICTS ANONYMOUS, P. 20



## Greater Vancouver Sex Addicts Anonymous SAA Group Meetings Schedule

The Greater Vancouver Sex Addicts Anonymous® (SAA) Intergroup is an autonomous fellowship, registered with the International Service Organization of SAA, and composed of like registered groups of recovering sex addicts in the greater Vancouver area, who follow the Twelve Steps and Twelve Traditions of SAA.

SAA is a fellowship of men and women who share their experience, strength, and hope with each other, that they may solve their common problem and help others to recover from their sexual addiction. The only requirement for membership is the desire to stop addictive sexual behavior. If you are new to Twelve Step recovery and/or to SAA, we encourage you to attend one of our meetings.

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2023 Greater Vancouver Area SAA Intergroup

web | [saavancouver.org](https://saavancouver.org)

add | GVSAA Intergroup  
P.O. Box 4941, Stn Terminal,  
Vancouver, BC, V6B 4A6

ph | (236) 889-5331 (text or voicemail)

em | [help@saavancouver.org](mailto:help@saavancouver.org)

# SAA | In Person Meetings | Vancouver & Lower Mainland

## Mondays

### FRESH START GROUP

@Mixed/Closed | 12pm - 1pm  
Roundhouse Community Centre  
181 RoundhouseMews,Vancouver  
(check chalkboard at reception or ask front desk for  
“12 step meeting”)

### GENESIS GROUP

@ Mixed/Closed | 7:30pm - 9:00pm  
Champlain Professional Building  
3150 E54 Avenue, Vancouver  
(Once inside mall, head upstairs to 3rd floor to suite #345)

## Tuesdays

### SEEKING SERENITY

@Mixed/Open | 7pm - 8pm  
Qmunity | 1170 Bute St, Vancouver.  
(Please bring your own chair)

### LANGLEY EVENING

@Mixed/Open | 7:30pm - 8:45pm  
Douglas Recreation Center  
20550 Douglas Crescent, Langley  
(Doors open from 6.55am and will be locked at 7.10am)

## Wednesdays

### WEDNESDAY NIGHT

@ Mixed/Closed | 7:30pm - 8:30pm  
Holy Rosary  
646 Richards St, Vancouver  
(Access is through a secured side door,  
call 604-928-0215 to gain access.)

### SERENITY ON THE HILL

@ Mixed/Closed | 7:30pm - 9:00pm  
The Church On Oxford Hill  
1519 Oxford St, White Rock

## Thursdays

### SENERITY AT NOON

@ Mixed/Closed | 12pm - 1pm  
181 Roundhouse Mews, Vancouver  
(Check at front desk for room location)

### REFLECTING ON RECOVERY

@ Mixed/Closed | 6pm - 7pm  
North Shore Alano Club  
Room 2, 176 2nd St E, North Vancouver

## Fridays

### FRIDAY NIGHT PROMISES

@ Mixed/Closed | 7.00pm - 8pm  
St. Mathews Anglican Church  
Yale Room: 2010 Guilford Drive, Abbotsford

### FRIDAY NIGHT FELLOWSHIP

@ Mixed/Closed | 7.30pm - 9pm  
St. Andrews-Wesley  
Salon Rooms: 1018 Nelson Street

## Saturdays

### RECHARGING RECOVERY

@Mixed/Closed | 9am - 10am  
North Shore Alano Club  
Room 2, 176 2nd St E, North Vancouver  
(Contact: Eduardo R (604) 616-8430 for  
more info – Men only Meeting)

### AWAKENING GROUP

@ Mixed/Closed | 10.am - 11.15am  
Qmunity | 1170 Bute St, Vancouver.  
(Upstairs, second door on the right)

### LGBTQ2S+ SAA – PRIDE IN RECOVERY

@ Mixed/Closed | 4pm - 5pm  
Qmunity | 1170 Bute St, Vancouver

### HOW IT WORKS GROUP

@ Mixed/Closed | 7.30pm - 8.30pm  
St. James Cottage Hospice  
650 North Penticton Street, Vancouver  
(North side of building (basement entrance), in  
Burrard View Park. Please do not park in Hospice parking).

## Sundays

### OUT OF THE SHADOWS

@ Mixed/Closed | 7.30pm - 8.30pm  
Vancouver Recovery Club  
Dance Hall. 2775 Sophia St, Vancouver

## LEGEND

@ means wheelchair accessible | “Mixed” means open to both men and women | “Closed” means open to sex addicts only (and newcomers who think they may have a sexual addiction) | “Open” means open to both sex addicts and their support people | **Newcomers** are welcome at all meetings.

# SAA | BC Surrounding Areas

## KELOWNA

@Mixed/Closed | MONDAY EVENING 7.30pm -9pm  
For more information Email: saakelowna@yahoo.ca or ldmb-fisher@gmail.com

## VICTORIA

### MINDFULNESS CO-ED RECOVERY GROUP

@ Mixed/Closed | WEDNESDAY EVENING 7pm  
Fernwood Community Centre  
1240 Gladstone Ave - Ask for the 12 steps meeting

**THURSDAYS AT 12pm** | @ Mixed/Closed For location information call: Steve W. at 250-598-7707 or Victoria Info Line at 250-592-1916

**SATURDAYS AT 11am** | @ Mixed/Closed

For location information call: Steve W. at 250-598-7707 or Victoria Info Line at 250-592-1916

## NANAIMO

**THURSDAYS AT 7.30PM** | @ Mixed/Closed

Contact local members for meeting information:  
nanaimosaa@gmail.com

## POWELL RIVER

**FRIDAYS AT 6PM** | @ Mixed/Closed

Community Resource Centre  
4752 Joyce Avenue, Powell River

## COMOX VALLEY

**CONTACT BRENT AT (778) 859-6334**

## VERNON

**FRIDAYS AT 7PM**

Contact Kolyn at vernonbc saa@gmail.com