

Are you a Sex Addict?

“Before coming to Sex Addicts Anonymous, many of us never knew that our problem had a name. All we knew was that we couldn’t control our sexual behaviour. For us, sex was a consuming way of life. Although the details of our stories were different, our problem was the same. We were addicted to sexual behaviours that we returned to over and over, despite the consequences.”

SEX ADDICTS ANONYMOUS, P. 3

Although sex addicts may act out sexually in many different ways, there are common elements that seem to characterize our addiction:

- Powerlessness over addictive sexual behaviour.
- Resulting unmanageability of his/her life.
- Feelings of shame, pain, and self-loathing.
- Failed promises and attempts to stop acting out.
- Preoccupation with sex leading to ritual.
- Progressive worsening of negative consequences.

“Attending SAA meetings starts us on a new way of life. But while the SAA fellowship supports our recovery, the actual work of recovery is described in the Twelve Steps. Meetings are forums for learning how to integrate the steps into our lives. Working the Twelve Steps leads to a spiritual transformation that results in sustainable relief from our addiction.”

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The Greater Vancouver Sex Addicts Anonymous® (SAA) Intergroup is an autonomous fellowship, registered with the International Service Organization of SAA, and composed of like registered groups of recovering sex addicts in the greater Vancouver area, who follow the Twelve Steps and Twelve Traditions of SAA.

SAA is a fellowship of men and women who share their experience, strength, and hope with each other, that they may solve their common problem and help others to recover from their sexual addiction. The only requirement for membership is the desire to stop addictive sexual behavior. If you are new to Twelve Step recovery and/or to S.A.A., we encourage you to attend one of our meetings.

www.saavancouver.org

GVSAA Intergroup
PO BOX 4941, STN Terminal Vancouver, BC,
V6B 4A6

604.653.2555 (Voice Mail)

MEN: men@saaVancouver.org
WOMEN: women@saaVancouver.org



Greater Vancouver Sex Addicts Anonymous SAA Group Meetings Schedule

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Area SAA Intergroup

SAA Meetings in Vancouver and the surrounding areas

MONDAY

FRESH START GROUP
@ Mixed/Closed
Mon. 12:00 pm - 1:00 pm
Roundhouse Community Centre
181 Roundhouse Mews,
Vancouver

GENESIS GROUP
@ Mixed/Closed
Mon. 7:30 pm - 9:00 pm
Seniors Adult Day Care
3076 East 49th Ave.
Vancouver
Annex Bdg. on SW Corner,
Entrance from parking lot
behind building

CHILLIWACK MEETING
Men Only/Open
Mon. 7:00 pm
Chilliwack Seniors Centre
9400 College Street
Chilliwack

NORTH VANCOUVER
@ Mixed/Closed
Mon. 7:00 pm - 8:00 pm
Club Alano
176 East 2nd St,
North Vancouver
(Ground floor of highrise).

TUESDAY

SHAME TO GRACE
Mixed/Open
Tues. 5:30 pm - 6:30 pm
Qmunity, Rm. G,
1170 Bute St. Vancouver

TUESDAY Continued

RECOVERY ON THE INLET
@ Mixed/Closed
7:30 pm - 9:00 pm
St. Andrews United Church, 2318 St. Johns Street
Port Moody

LANGLEY TUESDAY NIGHT MEETING
@ Mixed/ Open
Tues. 7:30 pm - 9:00 pm
Douglas Recreation Centre, Games Room, 20550 Douglas Cres, Langley
Info line: 604-290-9544

VANCOUVER & AREA INTERGROUP MEETING
Mixed/Closed
3rd Tuesday of every month 7:00 pm - 8:30 pm
Qmunity, Board Room
1170 Bute St. Vancouver
Intergroup supports local meetings on an administrative level.

WEDNESDAY

WEDNESDAY MORNING STEP MEETING
Mixed/Closed
7:00 am - 7:45 am
St. Andrew's-Wesley United Church, 1012 Nelson St. Vancouver.
meeting held in Marnie's Room (first door on the right)

WEDNESDAY Continued

WEDNESDAY BOWEN ISLAND MEETING
@ Mixed/Closed
1:00 PM
Rivendell Retreat Centre
For details, Call Greg at (604) 340-8056

WEDNESDAY EVENING SAA GROUP
Mixed/Closed
7:30 pm - 9:00 pm
Holy Rosary Cathedral
650 Richards St. Vancouver.
St. Vincent Room is the first door on the right.

WEDNESDAY EVENING SAA ABBOTSFORD
6:30 p.m.
Men Only/Open
Fresh Wind Centre.
31726 South Fraser Way. Abbotsford.
The door is half- way down the east side of the building.

WEDNESDAY EVENING SAA SURREY
@ 7:00 pm - 8:00 pm
Mixed/Closed
City Centre Library, 10350 University Drive Surrey
Room 306

WEDNESDAY NIGHT PROGRESS
Mixed/Open
7:00 pm - 8:00 pm
The Russel Residence & Housing Centre,
740 Carnarvon Street,
New Westminster
(use side entrance)

THURSDAY

SERENITY AT NOON
@ Mixed/Closed
Thurs. 12:00 pm - 1:00 pm
Roundhouse Community Centre, 181 Roundhouse Mews. Vancouver

ANSWERS IN THE HEART
@ Mixed/Closed
7:30 pm - 9:00 pm
Seniors Adult Day Care Centre
3076 East 49th Ave. Vancouver
Annex Bdg. on SW Corner, Entrance from parking lot behind building

THURSDAY NIGHT WHITE ROCK
Mixed/Closed
Thurs. 7:30 pm - 9:00 pm
First United Church
15385 Semiahmoo Ave
White Rock,
Dogwood Room

FRIDAY

SOLUTIONS GROUP
@ Mixed/Closed
Fri 12:00 pm - 1:00 pm
Roundhouse Community Centre, Music Room, 181 Roundhouse Mews,
Vancouver

FRIDAY NIGHT FELLOWSHIP
Mixed/Closed
Fri. 7:30 pm - 9:00 pm
St. Andrew's-Wesley United Church, 1012 Nelson St . Vancouver.
Marnie's Room (Side entrance, first door on the right).

SATURDAY

SATURDAY MORNING AWAKENING
Mixed/Closed
Sat. 10:30 am - 12:00 pm
St. Paul's Anglican Church 1140 Jervis St Vancouver
Lower Hall. Enter on Pendrell St, NE corner of building, downstairs.

HOW IT WORKS
Mixed/Closed
@ Sat. 7:30 pm - 8:30 pm
St. James Cottage Hospice 650 North Pentiction St. Vancouver.
Enter on ground floor around back. North side of building, off the park. Please do not park in Hospice parking lot

SUNDAY

STEP ELEVEN PRAYER AND MEDITATION
Mixed/Closed
Sun. 10:00 am - 11:30 am
Qmunity, Room G
1170 Bute St. Vancouver
Please arrive before 10 am. Door is locked during meditation from 10:00 to 10:15

OUT OF THE SHADOWS
Mixed/Closed
Sun. 7:30 pm - 9:00 pm
Vancouver Recovery Club (Spanish Room)
2775 Sophia St Vancouver.

LEGEND

@ means wheelchair accessible.

“Mixed” means open to both men and women.

“Closed” means open to sex addicts only AND newcomers who think they may have a sexual addiction.

“Open” means open to both sex addicts AND people who do not identify as sex addicts.

Newcomers are welcome at all meetings

If you would like to speak to someone in our fellowship before attending your first meeting, please call our phone line at: 604.653.2555
leave a message and someone will get back to you.

Please visit our website at:
www.saavancouver.org

This meeting list is accurate as of May 2016